



Pittsford Youth Services, Inc.

www.PittsfordYouthServices.Org

Presents A Parent Workshop Using. . .
Surviving Your Adolescents, for Children 13-18
By Thomas W. Phelan, Ph.D. (author of 123 Magic)
Instructed by Loraine Young, LMSW

Surviving Your Adolescents will address how to manage and let go of your 13-18 year olds.
This parenting workshop will cover the following topics:

- * Learn what normal adolescent behavior is and how you should respond.
- * Communication and safety
- * What parents should do when they are concerned or aggravated by their teenager behavior
- * How parents should respond if they find their teen is engaging in serious risk-taking behaviors
- * Six kinds of testing & manipulation and clear recommendations for handling testing
- * House Rules

In order for this workshop to be most effective, we request that you **commit to all consecutive sessions**.
Space will be limited to 14 individuals on a **first-come-first-serve basis**.

Who: Parents or guardians of children ages 13-18

Where: Pittsford Rec. (Spiegel Center) – 35 Lincoln Ave. – Room 205

When: Wednesday evenings 7:00 pm – 8:30 pm – 5 Sessions
February 29, March 7, March 14, March 28, April 4, 2012

Fee: (due with registration): **\$80 individual \$100 couple (limited scholarships available)**

For more information and/or to register:

Call PYS at 248-6299, e-mail pys2486299@aol.com or visit www.PittsfordYouthServices.org
You can also register by completing and returning the form below:

PYS

35 Lincoln Avenue
Pittsford, NY 14534

Name (s) _____

Address _____

Phone/e-mail _____

Checks made payable to: PYS
Charge: Visa Mastercard Discover

Number

Exp.

Signature